



SPORTS HANDBOOK

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PRE-PARTICIPATION REQUIREMENTS

All potential athletes must submit the following documents signed before they can attend a practice session, workout or participate in competitions: official Comets application, up-to-date school physical, birth certificate and player & parent/guardian contracts. Other additional forms may be necessary for participation.

NO ATHLETE WILL BE PERMITTED TO PARTICIPATE IN ANY ACTIVITIES UNTIL ALL DOCUMENTS ARE SIGNED OFF BY THE HEAD COACH AND ON FILE WITH THE ADMINISTRATIVE OFFICE. ALL PROGRAM FEES ALSO HAVE TO BE GIVEN TO THE OFFICE BEFORE THE FIRST SCHEDULED PRACTICE.

PRACTICE AND GAME ATTENDANCE

Athletes are required to be on time to every practice and competition. Practices will always start at the designated time. For all absences the head coach should be notified by a parent or by the athlete via phone or email **AT LEAST 1 DAY IN ADVANCE** in order to be excused.

Unexcused

The Head Coach reserves the right to take additional disciplinary action against players violating this policy.

Unexcused absences from practice or competition are defined as: any missed practice/competition that is not excused prior to the absence by the head coach.

Offenses are as follows:

- **1st OFFENSE:** Sit out one quarter or half of competition.
- **2nd OFFENSE:** Sit out for the whole competition.
- **3rd OFFENSE:** Sit out 3-games or removal from the team.

Examples of activities unexcused include, but not limited to oversleeping, attending a peer's birthday party, lack of transportation, last minute study for finals, family outings, weddings, vacations and school detentions.

A "no call-no show" absence (an athlete missing practice or competition without giving proper notice to the coaching staff) to practice or competition will result in the athlete being immediately dismissed from the team.



Excused

The Head Coach will handle all rulings on an individual basis for any exceptions.

An excused absence from practice or competition is defined as: any missed practice or competition that is excused prior to the absence by the Head Coach.

Examples of activities excused include, but not limited to, academic and church activities, personal illness, emergencies, medical appointments and funerals.

Those who miss practices or competitions for medical appointments must present a doctor's note stating the time/date of appointment and signature from the doctor for proof of absence. An athletic trainer or doctor must clear injured players in order to participate in sports activities once recovery is over. It is our expectation that injured players must continue to attend practices and competitions in order to support the team and stay up-to-date.

SUSPENSIONS

If an athlete receives a school suspension, they **CANNOT** participate in scheduled practices and/or competitions. An athlete choosing to miss a day of school and participate in a team activity is prohibited.

TARDIES

Attendance is taken at every practice and competition. The following rules will be applied if an athlete is late for practice:

- **0-5 Minutes Tardy**= Player will run one champion (5 additional laps/2 additional suicides) during practice.
- **6-10 Minutes Tardy** = Player will run two champions (10 additional laps/2 additional suicides) during practice.
- **11-15 Minutes Tardy**= Player will run three champions (15 additional laps/3 additional suicides) during practice.
- **16-30 Minute Tardy**= Player will run three champions (30 additional laps/3 suicides) & sit out a quarter or half of next game.
- **30+ Minutes Tardy**= Unexcused Absence (Sit out ½ of competition)



ATHLETES DRESS CODE

Athletes will dress appropriately, as determined by the following:

Uniform attire- Athletes will wear program-issued uniforms only for competitions. All headbands, arm/knee pads, arm sleeves are to be ONE SOLID TEAM COLOR in agreement with the team. The team must wear accessories that are the same color as well. Undershirts worn under jerseys shall also be ONE SOLID TEAM COLOR in agreement with the team.

Shoes- We insist that our players wear high or three-quarter cut shoes to provide support. Shoes should also be team colors.

Game day attire- On game days, athletes must come dressed in program-issued sweats/warm-ups or in game uniform to competitions. Athletes are allowed to wear their uniform underneath their clothes. All players will be held accountable for not complying. In the event an athlete's clothing is not appropriate, they will be sent home to change or will not be allowed to participate for the day with additional discipline pending.

Practice & Gym attire- All athletes will need to bring their athletic shoes and practice-issued practice uniform to every practice. Athletes will not be permitted to practice or enter the gym with pajama pants, jeans, jean shorts, boots, sandals or flip flops. All cell phones need to be turned off or silenced when entering the gym. Earrings are to be removed and visible tattoos covered up.

EQUIPMENT & UNIFORM

All equipment and program-issued uniforms provided by Austin Comets Athletics shall be returned by each individual player at the end of the sports season unless noted otherwise. Parents will be charged a fee if uniform or equipment is not returned at the appropriate time.

UNIFORM NUMBERS

It is the policy of Austin Comets Athletics that uniform number requests from players will not be adhered to or open for discussion with the coaching staff. Athletes have to earn their numbers and/or jerseys based on attendance in practice, academic/moral integrity, and athletic performance. Uniforms also are given to players according to size and are not predetermined before the season's start.



PRACTICE DURATION

If a practice plan is adhered to, most practices should not exceed two hours. We try to take into consideration that athletes have other commitments and fatigue can occur when practices are too long. However, there will be times when practices may exceed two hours and this will be at the discretion of the Head Coach. There will also be times where we'll have to schedule additional practices through the week to prepare for competition. We ask that parents be as flexible as possible when making this kind of adjustment to practice times.

Team practices are generally closed to family (not including parents) and friends. We ask that parents stay for the first initial practice so that they can become familiar with the coaches and our activities. Practice times are very precious and the players need this time to focus solely on skill development and competition prep. For safety purposes, there will be at least **TWO** coaches present at the practice facility to monitor activities while athletes arrive, participate and leave.

PLAYING TIME

We believe that playing time is earned by athletes and not guaranteed to anyone. We'll give **EVERYONE** an equal opportunity to participate in competitions based on their attendance at practice, academic/moral integrity and athletic performance. When we form our team, we form them in a manner to ensure that each participant has a chance to develop and grow fairly. This policy is to insure that athletes can be taught the game regardless of their ability.

TRYOUTS

We host tryouts for athletes to be selected for our teams before the season's start. Coming to tryouts does not guarantee a spot on the roster. Water and equipment will be provided for athletes to try out. We have no biases between players who participated with the team from the previous year. Those who work hard, have solid skills and show that they can compete at a high level will be chosen to be on the team. After the 2-3 day tryout is over, all athletes will be given a performance evaluation and a letter of acceptance or decline from the Head Coach.



Dropping a Player Will Be Acceptable

1. When a participant is found to have joined an athletic team as a result of parent or guardian pressure, or, he/she tells team management he/she doesn't really want to play sports.
2. When a participant cannot furnish the required documents to be certified to a team roster, (e.g., Physical, Emergency Medical, Agreement etc.).
3. When a participant shows no interest in sports, is disruptive to other participants and the instructions of the coaching staff, and becomes a discipline problem.
4. When a participant stops attending practices. Participants must have a valid excuse from the parent(s), guardian(s) or a physician.
5. When a participant attempts to intimidate fellow participants by word and/or physical act.
6. When a participant is found to be using any "Sweat Down" or "Extreme" weight loss techniques to come under or make the maximum weight, there will be grounds for immediate suspension for the player's own safety. Please note any coach or administrator who is found to be tolerant or encouraging this behavior will be subject to disciplinary actions.

Dropping a Player Will NOT Be Acceptable

It is our policy that excessive team or individual conditioning drills, disciplinary actions or assigning individual players laps or intentionally placing players in intimidating drills for the purpose of encouraging weaker players to quit is not acceptable. Coaches determined to be using this or any other tactic to drop weaker players will be immediately dismissed for the remainder of the season and may be permanently suspended. Once a roster is full, no player may be dropped to make room for another player.



CANCELLATIONS

All competitions, events/outings and practices are **SUBJECT TO CHANGE** throughout the athletic year. These activities may be rescheduled or cancelled due to various reasons ranging from emergencies, extremely bad weather or any other uncontrollable circumstances that may cause our team to adjust. We ask that parents and athletes be as flexible and patient as possible when it comes to our team schedule. The Head Coach or Athletic Director will notify all parties if there are any issues with rescheduling or cancellations.

TRANSPORTATION

For Comets travel teams, buses may be contracted by Austin Comets Athletics to provide our athletes with safe transport to and from competitions. It is ideal that all athletes and coaches ride together as a team to competitions on the bus and we also encourage parents to assist in riding along to provide extra help with safety. Coaches or other administrative staff are not allowed to take kids home from practices or competitions in their personal vehicles for liability reasons. If a player must leave after competition, the Head Coach or Athletic Director must receive written consent from their parent/guardian.

PARENT / COACH RELATIONSHIP

Both parenting and coaching are very difficult. By establishing an understanding between coaches and parents, both are better at the ability to accept the actions of others and provide a more positive experience for everyone. Parents have the right to know, and understand, the expectations placed on them and their child.

Communication parents should expect from their child's coach:

- 1) Expectations the coach has for your child, as well as for other players on the team
- 2) Locations and times of practices and contests
- 3) Team requirements (i.e., special equipment needed, school & team rules, off-season expectations)



Communication coaches expect from parents:

- 1) Concerns regarding their child, expressed directly to the coach, at the appropriate time and place
- 2) Specific concerns in regard to the coach's philosophy and/or expectations
- 3) Notification of any schedule conflicts well in advance

Appropriate concerns to discuss with a coach:

- 1) The mental and physical treatment of your child
- 2) What your child needs to do to improve
- 3) Concerns about your child's behavior

It can be very difficult to accept that your child is not playing as much as you and he/she had hoped. Coaches make decisions based on what they believe are in the best interest of all athletes participating.

Issues NOT appropriate for discussion with your child's coach:

- 1) How much playing time each athlete is getting
- 2) Team strategy
- 3) Play calling
- 4) Any situation that deals with other athletes

Please keep in mind that we are human and will make mistakes, but our desire is to do the right thing and do what's best for the team. We ask that any complaints that you have must be brought to the Head Coach first, and only if necessary the Athletic Director second. Please do not go directly to the Athletic Director with complaints as this may undermine the authority and integrity of the Head Coach.

Our coaching staff is always willing to sit down to discuss any concerns you may have with our athletic program. All meetings will involve two coaches present in conjunction with the parent(s). Feel free to contact us or the Athletic Director to set-up a meeting on a non-competition day.



FILM SESSIONS

Often we study game and practice film with individual players and with the team to teach fundamentals and correct performance. This helps the coaching staff and the athletes work together to improve their skills and attitude displayed on the court.

PARENT MEETINGS AND DISCUSSION BOARD

Parent meetings are the most vital part of our activities as it helps to keep everyone on the same page and clear on team expectations. These meetings take place at the beginning of the sports year and monthly throughout the season to discuss team rules, take surveys for program efficiency, uniform dispersal or retrieval. We've also created a discussion board which serves as a great opportunity for parents to ask the Austin Comets Athletics coaching staff any questions pertaining to the season. Coaches will also submit progress reports (evaluations) to the parents at these meetings to discuss their child's athletic development.

MENTORING TEAM OUTINGS

One of our main goals is to create a safe community for young people to learn and grow. Our outings (Team Movie, Dinner, Breakfast and Retreat) are meant to build team chemistry where youth can foster healthy relationships with their peers and coaches.

SERVICE PROJECTS AND SPECIAL EVENTS

Once a year we may schedule a service project or a special event that focuses on serving people in the community. This teaches young people the meaning of putting others above themselves and having a hand in bringing change to the world.

OPEN CIRCLE

Often the Comets coaching staff facilitate 10-15 min life-skills groups before practice. Groups are critical to our efforts in developing young people holistically. Even though these are structured groups facilitated by our coaches, we will also leave room for activities or topics to be chosen by the athletes initiated by the coaches.



CONFERENCE AFFILIATION

Austin Comets Athletics is a proud member of the Amateur Athletic Union (AAU) since 2012, which participates in AAU Central District, Super Regionals and National Championship tournaments. We also adhere to the National Federation of State High School Association (NFHS) rules for training and competition.

SPORTS BANQUET

The Head Coach will schedule an awards dinner, potluck or barbecue at the conclusion of the regular season to honor and recognize participating athletes, parents, volunteers and other program administration for their service and participation. At this time the athlete completion of an exit survey/interview and uniform return will be required. Dates of these activities will vary.

AWARDS

All Austin Comets Athletics players **COMPLETING** the season and upholding the policies of the handbook will be awarded certificates at the end of the regular season. We also will give athletes special acknowledgement for their performance both on and off the court.

SPORTSMANSHIP

Austin Comets Athletics will not tolerate any inappropriate behavior or unsportsmanlike conduct by ANY of its participants; including spectators, parents, coaches, athletes, or students. If a spectator, parent, or student is observed acting inappropriately, the administration expects it to be stopped. If it is not stopped, that spectator may be asked to leave by an official, program personnel, administrator, or security officer. If the person resists leaving, the police will be called and he/she will be charged accordingly. That spectator may forfeit his/her privilege of attending future contests – either home or away. If removed from a game, the spectator MAY have an opportunity to meet with our school administration to try to resolve the issue. If the spectator shows up at future contests without resolving the issue, he/she may be charged with trespassing.

If a Austin Comets athlete acts inappropriately, the Head Coach is expected to take disciplinary action. This may include suspension or removal from the team.



DISCIPLINE

Theft/stealing, fighting/assault & Battery, disorderly conduct or possession of an illegal firearm and other prohibited activities, whether in or out of school, will not be tolerated. Any player found in violation of this will either be suspended or removed from the team. A player can be dismissed from practice for behavior detrimental to the team. Should this happen three times or more, the Athletic Director will be contacted and the player could be suspended or removed from the team. Should the severity of the infraction require discipline, behavioral issues could result in immediate dismissal from the team.

The following are the steps that we take in order to manage different conflicts:

1. Identifying the incident that occurred
2. Immediate intervention with athlete from the coaching staff
3. Parental notification
4. Discuss possible alternative behaviors and the new plan of action for the future
5. Issue consequence if necessary
6. Athletic program reintegration

Some troubled athletes will be placed on probationary status (30 days) to help in the process of following team rules. If there is any violation of team expectations during the probation period, the athlete will be dismissed from the program. Team suspensions are given out by the Head Coach to athletes who violate team rules. This involves a player not being allowed to practice or participate in games for a period of time.

ELECTRONIC COMMUNICATIONS & SOCIAL MEDIA GUIDELINES

All electronic communications between a coach and athlete must be professional in nature and for the purpose of communicating information about team activities. As with any communication, the content of any electronic communication should be readily available to share with the athlete's family. If the athlete is under the age of 21, any email, electronic text, social media or similar communication will be copied or included to the athlete's parents or guardians.



Facebook, Twitter, Instagram, Snapchat, Blogs And Similar Sites

Coaches will not have athletes join a personal social media page. Athletes and their parents can friend the Austin Comets team page and coaches can communicate to athletes through the site. All posts, messages, text, or media of any kind between coach and athlete must be professional in nature and for the purpose of communicating information about team activities or for team oriented motivational purposes.

Twitter, Instant Messaging And Similar Media

Coaches and athletes may “follow” each other. Coaches cannot “re-tweet” athlete’s message posts. All posts between coach and athlete must be for the purpose of communicating information about team activities.

Email And Similar Electronic Communications

Athletes and coaches may use email to communicate. All email content between coach and athlete must be professional in nature and for the purpose of communicating information about team activities. Where the coach is a staff member and/or volunteer, an email from a coach to any athlete should come from the Austin Comets website email center (the coach’s return email address will contain “@austincomets.org”).

Texting And Similar Electronic Communications

Texting is allowed between coaches and athletes. All texts between coach and athlete must be professional and for the purpose of communicating information about team activities.

Electronic Imagery

From time to time, digital photos, videos of practice or competition, and other publicly obtainable images of the athlete – individually or in groups – may be taken. These photos and/or videos may be submitted to local, state or national publications, used in program videos, posted on the program associated websites, or offered to program families seasonally on disc or other electronic form. It is the default guideline of Austin Comets Athletics to allow such practices as long as the athlete or athletes are in public view and such imagery is both appropriate and in the best interest of the athlete and the program.



Request To Discontinue All Electronic Communications Or Imagery

The parents or guardians of an athlete may request in writing that their child not be contacted by any form of electronic communication by coaches (photography or videography).

Misconduct

Social media and electronic communications can also be used to commit misconduct (e.g., emotional, sexual, bullying, harassment, and hazing). Such communications by coaches, volunteers, administrators, officials, staff, parents or athletes are not acceptable and are considered violations of our Comets handbook.

SUBSTANCE ABUSE/USE

Substance abuse/use is a serious matter. We will be following the subsequent rules:

Food Supplements

With the amount of exercise athletes receive during the season, taking food supplements could be very dangerous to your health. Austin Comets Athletics does not approve of the taking of any food supplements. Athletes should only take items that are prescribed by their doctor.

Drugs, Alcohol, Smoking

Possession and/or usage are prohibited. Austin Comets Athletics policy will be followed in this matter. No Drugs, No Alcohol, No Cigarettes or No Team and No Play. Do not let drugs, alcohol, or cigarettes replace your uniforms. Anyone found in violation of these rules may be automatically dismissed from the team. Playing on a TEAM involves TRUST. If the coaching staff cannot count on the athlete in these matters, they cannot count on the athlete on the court.

ANTI-HAZING AND BULLYING POLICY

Hazing and/or bullying are prohibited at Austin Comets Athletics and will not be tolerated. We are all equals on this team. Hazing and bullying are practices that diminish the integrity of individuals and their teams, activities, and organizations. Hazing and bullying occurs when an action is taken against a person for the purpose of initiation or admission into that organization or team where the action either



results in humiliating, intimidating, demeaning, or endangering the physical/mental health of the person. Any player found in violation of this policy will either be suspended or removed from the athletic team.

CONCUSSION AND INJURY POLICY

We have established a concussion policy for and on behalf of the participants on our team, which is as follows: Where there is reasonable cause to believe that a concussion may have occurred, such participant shall not be allowed to continue his/her participation in our activities without medical release to resume such participation. The minimum safety requirement will be the presence of one individual associated with our program (our on-call nurse) who is currently EMT qualified or is currently certified in Red Cross Community First Aid and Safety. We also work with our local EMT to establish an emergency plan which includes, but not be limited to, the following:

- A. Introduction or identify trainer/health care provider
- B. Organizational review of emergency plan with program staff, participants and parents.
- C. Designate emergency duties for coaching staff and or athletes;
- D. "How to Call EMS" manual is kept in the coaches binder;
- E. Specific directions to our facility for emergency medical service (EMS);
- F. Emergency numbers;
- G. Injury report forms;
- H. Treatment authorization card;
- I. List of administrators that the coach is required to contact.

The Head Coach or Team Manager will carry the entire team's medical release forms and emergency numbers for all participants in case in an emergency their parent(s) or guardian must be reached.



MANDATORY REPORTING POLICY

It's the policy of Austin Comets Athletics that all coaches, program staff, and other representatives of the program must report any *suspected* child abuse and/or neglect of agency clients or team participants immediately. All such suspected reports must be made to the appropriate state and/or local authorities. Program staff must follow the mandatory reporting of child abuse and neglect procedure.

All employees, volunteers, and other staff members of Austin Comets Athletics are required to undergo training as to what constitutes child abuse and neglect, what the state statutes are, and how to properly report such cases.

Any staff or volunteers accused of child abuse/neglect will be investigated by the school. Contact with youth will be restricted or constrained and/or the person in question suspended from employment or program participation per the decision of the Athletic Director or MMI's President (CEO) until such investigation is concluded.

Any report of misconduct or suspicions of child physical or sexual abuse will be taken seriously and handled appropriately. Every Comets member (coach, event organizer, volunteer, and staff) must report suspicions or allegations of child physical or sexual abuse to both (a) the appropriate law enforcement authorities and to (b) the AAU National Office.

The AAU does not investigate suspicions or allegations of child physical or sexual abuse or attempt to evaluate the credibility or validity of such allegations as a condition for reporting to the appropriate law enforcement authorities.

Reporting Procedure

Reports must be made to local law enforcement and the AAU National Office Compliance Department.

The AAU will take a report in a verbal or written form. Regardless of how you choose to report, it is helpful to the AAU for individuals to provide, at a minimum, (1) the name and contact information of the person making the report; (2) the type of misconduct alleged and the name(s) of the individual(s) alleged to have committed the misconduct; (3) date of the incident; (4) name of the alleged victim.



Confidentiality

To the extent permitted by law, and as appropriate, the AAU will keep confidential the complainant's name on request, not make public the names of potential victims, the accused perpetrator or the people who made a report of child physical and sexual abuse to the authorities.

Reporting to Law Enforcement and/or Child Protective Services An independent investigation can harm youth and/or interfere with the legal investigative process.

The AAU, its staff members and/or volunteers do not attempt to evaluate the credibility or validity of child physical or sexual abuse as a condition for reporting to appropriate law enforcement authorities. As necessary, however, the AAU may ask a few clarifying questions of the minor or person making the report to adequately report the suspicion or allegation to law enforcement authorities.

Immediate Notification When an allegation of child physical or sexual abuse is made against a staff member, youth and/or volunteer, the AAU may immediately notify the member that he or she is ineligible to participate in any AAU activities. As necessary, the AAU may suspend or change the assignment of a staff member and/or volunteer.

All AAU members (coaches, event organizers, volunteers, and staff) are mandatory reporters. Failure to report to local law enforcement and the AAU National Office will subject the individual(s) to disciplinary procedures under the AAU Code.

GIFTS

Exchanging or acceptance of gifts of any kind (money, vehicles, homes etc.) from basketball coaching staff to athletes and vice versa is strictly prohibited.



DONATIONS

The Comets Booster club is organized and run by parents of students, athletic supporters and fans of our team. Its sole responsibility is to find and solicit financial contributions for our sporting activities. We ask from our parents and athletes that on the first month of initial practice for the regular season that they would donate **at least one** of the following things to the team:

Equipment & Supplies WishList

- Practice and Game Basketballs (29.5)
- Small First Aid Kits
- Gatorade or Any Sports Energy Drinks
- Snacks for team outings or road trips
- Towels

We are open to and accept all contributions not just limited to our WishList. All objects can be used as goods. We also accept volunteering for professional services in the area of marketing, finance/accounting, law, photography and videography.

Also please visit our official online fan store (sideline store) at:
<https://teamlocker.squadlocker.com/#/lockers/austin-comets-athletics>

COMMITTEES

We really love when parents, volunteers and athletes take ownership of our team and take advantage of an opportunity to make a difference. Here are the different committees that you can be part of:

- Annual Sports Banquet
- Scholastics
- Sports Camps/Clinics
- Events
- Tournaments
- Administrative
- Transportation
- Practices
- Publications (Calendar, Newsletter, Annual Reports)



COMETS PROGRAM STAFF CONTACT INFORMATION

- Athletics Director: Lorne Massie
 - **Phone:** (847) 417-1807
 - **Email:** lmassie@austincomets.org
- On-Call Nurse: Lynette Franklin
 - **Phone:** (773) 269-8113
 - **Email:** lynette.franklin1@gmail.com
- Billing & Payments: Alyssa Coiley
 - **Phone:** (773) 910-9484
 - **Email:** acoiley@austincomets.org
- Austin Comets Main Office
 - **Phone:** (847) 238-2208
 - **Email:** info@austincomets.org

Please Remember

We realize that every possible event or circumstance that could potentially go wrong during the year may not be covered in this handbook. Events and clarifications not covered in this handbook will be resolved at the discretion of the Head Coach. We apologize if we overlooked some things; please feel free to bring it to our attention.



Player Contract

Name: _____

Date: _____

By choosing to participate on **Austin Comets Athletics**, I agree to:

- Follow all rules and guidelines as outlined by the Athletic Director, Head Coach, program policies, and this contract
- Have a positive attitude and be respectful of the coaches
- Be on time for scheduled team activities including practices, competitions and events.
- Regularly and openly communicate with the Head Coach as requested
- Inform the Head Coach of any difficulties or areas of concern that may arise in the relationship
- Participate in a closure process when that time comes
- Notify the athletic director if I have any changes in address or phone number

_____ (Please initial) I agree to follow all the above stipulations of this team handbook, as well as any other conditions as instructed by the Head Coach at this time or in the future.

(Signature)

(Date)



Parent / Guardian Contract

Name: _____

Date: _____

By allowing my child to participate in on **Austin Comets Athletics**, I agree to:

- Allow my child to participate in the **Austin Comets Athletics**.
- Follow and encourage my child to follow all rules and guidelines as outlined by the athletic director, Head Coach, program policies, and this contract
- Support my child being on time for scheduled practices or have him/her call the Head Coach at least 24 hours beforehand if unable to make a practice
- Regularly and openly communicate with the Head Coach as requested
- Inform the Head Coach if I observe any difficulties or have areas of concern that may arise in the relationship
- Participate in a closure process when that time comes
- Notify the athletic director if I have any changes in address or phone number
- Provide the athletic director and the mentor (coach) with any updated health insurance information for my child

_____ (Please initial) I agree to follow all the above stipulations of this team handbook as well as any other conditions as instructed by the athletic director at this time or in the future.

(Signature)

(Date)

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NOTES